

Why **Hospital Case Managers** should use Aging Life Care Professionals[®]...

when looking for excellence in comprehensive services for aging or disabled adults and their families

Aging Life Care™, also known as geriatric care management, is a holistic, client-centered approach to caring for older adults or others facing ongoing health challenges. Working with families, the expertise of Aging Life Care Professionals provides the answers at a time of uncertainty. Their guidance leads families to the actions and decisions that ensure quality care and an optimal life for those they love, thus reducing worry, stress and time off of work for family caregivers.

What are the benefits of working with an Aging Life Care Professional[®]?

- Help manage family expectations, long distance family members, and family dynamics that may complicate the overall care planning process.
- Provide additional support and services to streamline care managers' work and time devoted to a patient.
- Coordinate care assistance to help ensure a timely discharge (i.e. arranging transportation home and setting up caregivers at home).
- Provide knowledge and make recommendations for patients and families regarding communities, resources and services that may be needed upon discharge.
- Contribute additional support and services to reduce incidences of delirium.
- Manage Guardianship issues by managing the process.
- Provide a thorough history of patient and related history and dynamics.
- May help keep Length of Stay on target/avoid delayed admissions and readmissions due to care coordination assistance.

How does your client benefit from collaborating with an Aging Life Care Professional[®]?

- May help reduce repeated and unnecessary hospital admissions.
- Help the transition to the home or required facility be as smooth as possible.
- Reconcile patient's previous medication regimen with the medication list given at discharge and maintain an updated list of medicines and of the patient's doctors.
- Ensure the client has a follow-up appointment with the appropriate physician within 7-10 days after discharge and that the patient gets to the appointment.
- Build relationships with the patient and family to provide future help with patient's history and family dynamics.
- Open lines of dialogue with the patient and family members regarding advance directives and a client's wishes regarding healthcare and aging.
- Provide preventative care management to catch problems before they become acute and require a hospital visit.

All of these benefits help reduce unnecessary hospital visits for the client and are of no cost to the hospital.

Visit us at aginglifecare.org



**FIND AN AGING LIFE
CARE EXPERT**

for qualified, experienced professionals.